

God Is Our Refuge

I. God is our refuge.

Psalm 46:1-3 "God is our refuge and strength, a very present help in trouble. ² Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea; ³ Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof.

God is our Refuge and Defense;
In trouble our unfailing Aid;
Secure in His omnipotence,
What foe can make our souls afraid?

Yea, though the earth's foundations rock,
And mountains down the gulf be hurled,
His people smile amid the shock:
They look beyond this transient world.

There is a river pure and bright,
Whose streams make glad the heavenly plains;
Where, in eternity of light,
The city of our God remains.

Built by the Word of His command,
With His unclouded presence blest,
Firm as His throne the bulwarks stand,
There is our home, our hope, our rest.

II. God has provided the church as a refuge.

Hebrews 10:24-25 "And let us consider one another in order to stir up love and good works, ²⁵ not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.

- A. I need you, you need me.
- B. We comfort one another.
- C. We help one another.

III. God has provided prayer as a refuge.

I Peter 5:6-7 "Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, ⁷ casting all your care upon Him, for He cares for you."

- A. There's power in prayer.
- B. God hears and answers.

II Samuel 22:1-8 "Then David spoke to the LORD the words of this song, on the day when the LORD had delivered him from the hand of all his enemies, and from the hand of Saul. ² And he said: "The LORD is my rock and my fortress and my deliverer; ³ The God of my strength, in whom I will trust; My shield and the horn of my salvation, My stronghold and my refuge; My Savior, You save me from violence. ⁴ I will call upon the LORD, who is worthy to be praised; So shall I be saved from my enemies. ⁵ "When the waves of death surrounded me, The floods of ungodliness made me afraid. ⁶ The sorrows of Sheol surrounded me; The snares of death confronted me. ⁷ In my distress I called upon the LORD, And cried out to my God; He heard my voice from His temple, And my cry entered His ears. ⁸ "Then the earth shook and trembled; The foundations of heaven quaked and were shaken, Because He was angry.

IV. God has provided His word as a refuge.

Psalm 119:105 *“Your word is a lamp to my feet And a light to my path.”*

- A. Man does not live by bread alone. (Matt. 4:4)
- B. There is a promise for every situation we face.
- C. His word declares we can be strong.

Psalm 1:1-3 *“Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; ² But his delight is in the law of the LORD, And in His law he meditates day and night. ³ He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither: And whatever he does shall prosper.”*